

CLELIAN CONNECTION

WHAT'S HAPPENING AT CLELIAN HEIGHTS SCHOOL?



NOVEMBER 2018 | ISSUENUMBER 3

Thanksgiving Poems

The coming Thanksgiving season
is a wonderful reason
to remember and share with you
these Thanksgiving poems, two!



Give Thanks

For the hay and the corn and the wheat that is reaped,
For the labor well done, and the barns that are heaped,
For the sun and the dew and the sweet honeycomb,
For the rose and the song and the harvest brought home -
Thanksgiving! Thanksgiving!

For the trade and the skill and the wealth in our land,
For the cunning and strength of the workingman's hand,
For the good that our artists and poets have taught,
For the friendship that hop and affection have brought -
Thanksgiving! Thanksgiving!

For the homes that with purest affection are blest,
For the season of plenty and well-deserved rest,
For our country extending from sea unto sea,
The land that is known as the "Land of the Free" -
Thanksgiving! Thanksgiving!

- Anonymous



Thanksgiving Observance

Count your blessings instead of your crosses;
Count your gains instead of your losses.
Count your joys instead of your woes;
Count your friends instead of your foes.
Count your smiles instead of your tears;
Count your courage instead of your fears.
Count your full years instead of your lean;
Count your kind deeds instead of your mean.
Count your health instead of your wealth;
Count on God instead of yourself.

- Anonymous

Happy Thanksgiving!

Mark Your Calendar:



- November 2 Early Dismissal - Staff Meeting
- November 3 Blessed Mother Clelia Merloni Beatification
- November 4 Daylight Savings Time Ends - Turn Clocks Back 1 hour
- November 12 - 16 Food Drive
- November 21 10th Annual Staff V. Student Basketball Game
- November 21 Early Dismissal - Thanksgiving Break Begins
- November 26 No School - Thanksgiving Monday
- November 27 Classes Resume



Apostles of the Sacred Heart of Jesus

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Follow us on Facebook at:
<https://www.facebook.com/ClelianHeights/>

New Faces Around Clelian Heights School



Yvonne Sovic

Hello, my name is Yvonne Sovic. I am a new PCA at Clelian Heights. Before coming to Clelian Heights, I was a caregiver for adults. I have an A.S. degree from C.C.A.C. I also have two daughters and a stepson. I hope to have a positive influence on everyone I meet here!



Andrea Schwartz

My name is Andrea Schwartz. I am a graduate student at Seton Hill University. I am an Art Therapy and Counseling major. At Clelian Heights, I hope to build positive relationships and gain experience that will help me as I work towards my future career.



In-Service Day Debrief

On Monday October 15, 2018 the teachers, assistants, aides, and therapists participated in a full day of professional development and training. The day, one of many scheduled throughout the year aimed at keeping staff up-to-date with the most current relevant practices and information to Clelian Heights School, featured three sessions. We wanted to share a bit of what was discussed in each session and send a thank you for giving our staff the time to better themselves to help our students.

This session was presented by Tom Horan, Clelian Heights board member, retired police officer, and criminology professor. He discussed the importance of school safety and preparedness, as well as the established procedures for dealing with incidents if they should ever occur at Clelian Heights. Mr. Horan also provided new and additional details about staying safe, developing a plan, and mitigating possible problems. Clelian Heights would like to thank Mr. Horan for coming to speak to us and share his law enforcement expertise.

Session One

The second session was presented by Victoria Maher, Educational Technology Specialist. She demonstrated the use of the InFocus Board. The board is a digital touch panel, and is located in the STEM/Science classroom. The training was the third in a series of best technology techniques that will simplify tasks and make learning easier and more fun. Miss Maher discussed the basic features of the InFocus Board and its uses.

Session Two

The final session was presented by Melissa Fligger Ph.D., room 104 teacher, and doctor of Instructional Management and Leadership. Dr. Fligger presented her dissertation work, which focused on Video Modeling in the Special Education Classroom. Video Modeling allows a student to view the procedures, steps, or behaviors needed to complete a skill. Dr. Fligger provided staff with example videos and various uses for video modeling that the teachers can use with their student(s).

Session Three

October Occasions and Outings



Golf Olympics

Zach B.
William G.
Seth E.
Ryan F.
Brendan S.
Mav M.
Krista B.

Kolby L.
Sarah S.
Karli K.
Margaret D.
Nick M.
Cameron T.
Aubrey D.

Thank
you to
our
coaches,
parents,
and
staff!

You've Got a Friend Day



Halloween Dance



Scholastic Book Fair



See the Clelian Heights Facebook page for more!

See the next page for College Days!

College Days



For the last 15 years, Clelian Heights students have gone to Pitt of Greensburg to participate in a College Day. The students in the Education department develop a theme and activities to coordinate with Reading, Math, Science, Social Studies, and art. The students enjoy a morning of activities while they rotate in small groups with their classmates.

Pitt of Greensburg is very gracious and hosts an amazing buffet lunch for the students and staff attending. The students enjoy time with their classmates and share lunch with the student teachers that day. They are assisted by staff and a student teacher while at lunch. Students then return after lunch to activities and end the day receiving a diploma from the student teachers. Every year the students enjoy the exciting day of activities prepared by the creative student teachers.

This year classes 106, 107, and 108 were able to enjoy the day!

Information and College Days photos by: Catherine Petrosky

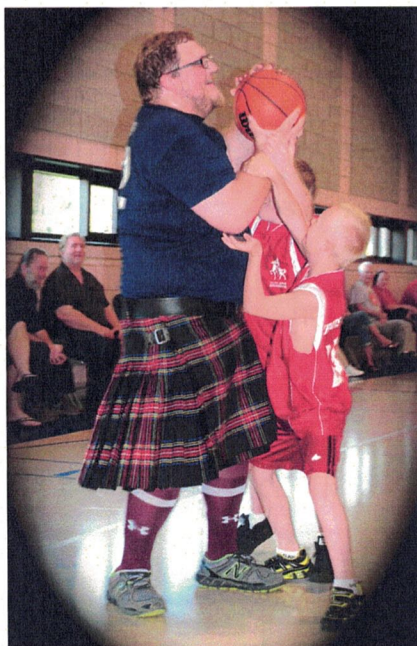


10th Annual Staff V. Students Basketball Game

Both Junior Varsity and Varsity teams will take to the court for the **10th Annual Staff V. Students game**. Tip off will begin promptly at **10:30 a.m.**, so come early to get your seat. This match-up kicks off the season for both the Crusader squads and has become a beloved school tradition!



**November 21
10:30 A.M
Clelian Heights Gym**



Beatification of Blessed Mother Clelia Merloni



Blessed Clelia Merloni
Foundress of the Apostles of the
Sacred Heart of Jesus from Whom
Clelian Heights Received its Name

The Sisters of Clelian Heights Are Are Excited to Announce:

The foundress of the Apostles of the Sacred Heart of Jesus -- the Community of Sisters at Clelian Heights -- Blessed Mother Clelia Merloni, will be beatified on November 3, 2018. Beatification is the last step before *Canonization*. This means that she is recognized as **Blessed** by the church, and at least one miracle has been acquired through her intercession in addition to having her recognized for her heroic virtue.

Canonization means that she will be recognized as a *Saint*. *Canonization* requires a second miracle after Beatification. So, we are praying now that Mother Clelia intercede with a healing miracle in someone's life. Once this second miracle has been received through her intercession, the Pope will declare her a Saint.

Sr. Deborah Lopez, our Executive Director and Sr. Charlene Celli, Principal, are among the Sisters that are attending this special celebration at Basilica of St. John Lateran in Rome, Italy.

Say This Prayer to the Blessed Trinity to Obtain Graces or a Miracle Through the Intercession of Blessed Clelia Merloni

O Most Holy Trinity, You who exalt the humble and comfoud the proud, deign to hear my prayer, granting me, through the intercession of Your faithful servant, Mother Clelia, the grace I ardently desire.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen (3 times)

Who was Mother Clelia Merloni?

Clelia Merloni was born in Italy on March 10, 1861. As she matured, she became more attracted to prayer and solitude than to the elite social life and administration of the family business that her father wanted for her. She knew from an early age that following her father's footsteps in the family business was not the journey her life would take. Intelligent, gifted, and enthusiastic, she responded generously to God's call by choosing consecrated religious life.

On May 30, 1894, Mother Clelia founded the Congregation of the Apostles of the Sacred Heart of Jesus, using the rich energies of her charismatic zeal and the sizable inheritance from her father's estate to minister to the needy and marginalized. At the turn of the last century, she sent sisters to the Americas and the Congregation began to flourish though not without initial difficulties.

For the holiness needed to be able to fulfill God's will and to lead the Sisters, Mother Clelia has to sustain many years of difficult trials, profound humiliations, and unspeakable sorrows. Her life was consumed with daily kindness and sacrifices as well as with a profound amount of humility and forgiveness for those who did her wrong.

Mother Clelia died in Rome on November 21, 1930. Her body was placed in the Motherhouse chapel after her body was exhumed in 1945 and found to be incorrupt.

Watch the celebration in Rome: November 3, 2018

Watch on EWTN as several sisters from Clelian Heights and other Apostles of the Sacred Heart from all over the world, celebrate the Beatification Ceremony at the Basilica of Saint John Lateran in Rome, Italy on November 3, 2018.

**Tune into EWTN at 6:00a.m. or 12:00 p.m. to
witness this wonderful event!**

Feast Day

November 20, 2018

The Congregation for the Causes of Saints has decreed that Blessed Clelia Merloni's feast day will be celebrated in the Church on November 20, which is the eve of the anniversary of Clelia's Death - November, 21, 1930.

Feast Day of Blessed Mother Clelia on November 20

Mark your Calendar for the Local Celebration: March 24, 2019

Everyone is invited to celebrate this great occasion with the Apostles of the Sacred Heart of Jesus at Blessed Sacrament Cathedral in Greensburg.

**Join us Sunday, March 24, 2019 at the
11:00 a.m. Mass!**

Staff Dress Down Day For Food Bank Donations

Clelian Heights holds several dress down days for its staff where by giving either a monetary or in-kind donation they can dress down for the day. During the month of November, we redouble our efforts and thoughts for those in need of our kindness, and give thanks for what we have. In the spirit of caring and giving, a dress down day and food drive in November will benefit the Westmoreland County Food Bank.



When can donations be made?

November 12 - 16

Students and staff will be able to bring in donations for the Food Bank!

November 16

Staff will be able to bring in a donation for the food bank and dress down for the day.

What should I donate?

According to the Food Bank website:

- Non-perishable items like canned or boxed items, juices, pastas, canned meats, sauces, prepared foods.
- Items free from obvious defect or contamination like a popped top on a can, mold, or rust.
- Items that have the original manufacturer's label to be able to be redistributed by the food bank.

Suggested Items:

canned tuna, chicken, or salmon	cereal	paper towels
canned fruits and vegetables	peanut butter	laundry and dish detergent
macaroni and cheese	deodorant	toilet tissue
boxed meals like hamburger helper	shampoo	baby soap
canned meals like stew or ravioli	diapers	tooth paste

According to WCFB, Most needed items:

peanut butter

cereal

canned or pouched tuna, chicken, or salmon

boxed meals like mac & cheese or Hamburger Helper

heavier soups and stews

What can NOT be donated?

According to the Food Bank website, they can not accept:

- Homemade goods or canned items
- baby food in jars
- prescription drugs
- any items that has been opened or if the seal is broken.

Where can I put my donation?

Donations will be collected in the main lobby area. There will be an area for food items and an area for household items.

Thank you for helping us end hunger in Westmoreland County!

Mission

The mission of Clelian heights is to provide spiritual, educational, and vocational programs for children and adults with intellectual or developmental disabilities that enhance their quality of life and maximize their potential for independent living.

Vision

The vision of Clelian Heights is an atmosphere of choice, mutual acceptance, respect, and love that will make a lasting difference in the lives of the person with intellectual or developmental disabilities.

Non-Discrimination

Clelian Heights offers services to all without discrimination of the basis of race, color, age, religious creed, disability, sex, ancestry, or national origin.

Publication

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