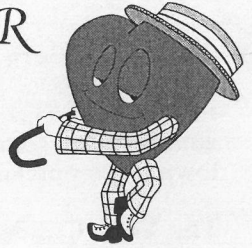




CLELIAN HEIGHTS NEWSLETTER

February 2003



EIGHT GIFTS THAT DON'T COST A CENT!

1. The Gift of Listening.

Really listen. No interrupting. Just listen!

2. The Gift of Affection.

Be generous with appropriate hugs, pats on the back, and hand-holding. Let these small actions demonstrate your love.

3. The Gift of Good Cheer.

The easiest way to feel good is to make others feel good.

4. The Gift of a Written Note.

It can be a simple "I love you" or "Thanks for the help." A brief, handwritten note may be remembered for a lifetime, and may even change a life.

5. The Gift of a Compliment.

A simple and sincere, "You did a super job" or "That was a wonderful meal" can make someone's day.

6. The Gift of Solitude.

There are times when we want simply to be left alone. Be sensitive to those times, and give the gift of solitude to others.

7. The Gift of a Favor.

Every day, go out of your way to do something kind.

8. And...the Gift of Laughter.

This gift says, "I love to laugh with you."

A TIME FOR LIVING AND A TIME FOR DYING...

We all know that death is a part of life that cannot be avoided. It's easy to talk about it in theory, but when we are faced with the death of a loved one it is a very different story. We, the staff, students, and adults of Clelian Heights, have had to face the deaths of many friends over the past few months. It has been a difficult time for those of us who knew these individuals, but it is the families of these special people who are experiencing a much greater loss. We remember those who died, and we ask you to keep their families in your prayers.

Donna Watters, mother of Eric Watters who attended our school and workshop for many years. Donna died peacefully at home after battling cancer for several years.

Dr. Sebastian Arena, father of Sabby Arena, who still works in the Clelian Center. Dr. Arena suffered from lung cancer, but died from complications of an infection.

Paul Krystyniak, attended Clelian Heights

school and workshop for over 35 years. Paul had recently moved to Allegheny Valley School. He collapsed after eating dinner one evening and died a short time later. Paul was only 41 years old.

Joseph F. Ott, Sr., of the Ott Funeral Home in Irwin, was a friend and benefactor of Clelian Heights for many years.

Luby Nelson, mother of Geoge Nelson who has been at Clelian Heights for many years. Mrs. Nelson died unexpectedly, but peacefully, just days before her 80th birthday.

Mary Dasta, grandmother of Lauren Ciccarelli.
Robert DeClaudio, great uncle of Sheila Veres
Anna Fedoronko, grandmother of Ms. Pavetti
Joseph Scarfi, uncle of John Kita.
Blaine Watters, father of Eric Watters.

May the souls of the faithful departed through the mercy of God rest in peace.

ANNUAL RESIDENTIAL INSPECTION Once again, Sr. Linda and our residential staff in the Main Building are to be commended for their good work. The inspectors had positive comments about the program, and they were glad to see the residents so happy.

DEVELOPMENT CORNER

Events and Activities The second annual "Night at the Races" will be held February 15, 2003 at the Harrison Room in Harrison City. Tickets are \$10.00 and include dinner, beverage, dessert and a night of entertainment that includes horse races, raffles and a silent auction. If you would like to purchase tickets, sponsor a race or name a horse, contact the Development Office. Don't miss out on this exciting night!

Sellers and buyers are needed! The Development Office is also sponsoring a "March Madness" cash special. For a \$5.00 donation, our "March Madness" will give you 31 chances to win \$50.00 or more. The grand prize of \$500.00 will be awarded on St. Patrick's Day, March 17, 2003. Winning numbers will be taken from the 7:00 p.m. Pennsylvania 3 digit lottery. Only 1,000 tickets are available, so get your tickets early. For every 20 tickets sold the seller's name will be entered into a drawing for \$50.00. To reserve your tickets or for tickets to sell, call Ann or Lisa in the Development Office at 724-837-8120 x315.

Your continued support makes our fundraising efforts successful and we are grateful for all you do.

Designated Grants and Gifts Received

The Greensburg Kiwanis Club

The members of this club came to Clelian Heights for their annual Christmas dinner with the students and adults. They gave a contribution which will be used toward the purchase of a treadmill for the Fitness Room.

The York Children's Foundation awarded a grant that will cover the cost of a Sign Language class for all interested staff. Special thanks to John Ott from the Joseph F. Ott Funeral Home for sponsoring our grant.

The Edith L. Trees Charitable Trust, faithful supporter of Clelian Heights, awarded a grant that will be used to purchase and install new carpet for the Main School Building.

The Lulu A. Pool Health and Education Trust awarded a grant for a digital camera and necessary accessories.

Mr. and Mrs. John Kita donated money for a new piece of exercise equipment for Chip's House.

Mrs. Marie Russo and Mr. Charles Anthony donated money that will be used to purchase new carpet at Chip's House.

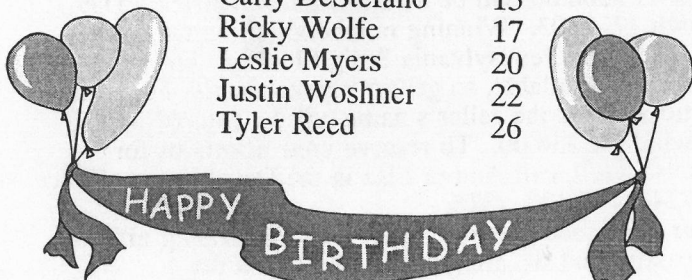
The Arena Family donated money in memory of Dr. Arena that will be used specifically for Chip's House.

F.O.C.H.O. ACTIVITY

WALNUT CREEK CANDLES FOCHO is selling Walnut Creek Candles for only \$5 each. They make a wonderful impression when you want to say "thank you, get well, happy birthday" or just "I've been thinking about you." A variety of fragrances are available: Macintosh Apple, Banana Nut Bread, Lilac, Fireside Memories, Freesia, Carrot Cake, Mulberry, Cinnamon Stick, Cucumber Melon, Honeysuckle, Orange Sherbet, Vanilla Soufflé, Home Sweet Hearth and Lavender. Order some now and have them on hand for those unexpected occasions. Call Laura at the office for more information.

FEBRUARY BIRTHDAYS

Daniel Hogan	2
Justin Wright	3
Stephen Budd	6
Jason Muller	9
Kristine Bastl	13
Michael Policastro	15
Carly DeStefano	15
Ricky Wolfe	17
Leslie Myers	20
Justin Woshner	22
Tyler Reed	26



PARENTS DID YOU KNOW ...

There's a Medical Assistance Transportation Program available! You need a current MA card to be eligible for mileage reimbursement and travel expenses for doctors appointments and therapies. For more information e-mail akvsg4asd@attbi.com or call:

Allegheny County 412-350-4476
 Armstrong County 800-468-7771
 Butler County 724-282-6060
 Westmoreland County 800-242-2706

UPCOMING EVENTS

Feb. 7	Staff Inservice - CPR Training
15	Night at the Races
16	Presidents' Day - No School/Workshop No Evening Returns
March 2	FOCHO Meeting
April 6	Longaberger Basket Bash
16 - 27	Easter Break



**HUMANE SOCIETY OF
 WESTMORELAND COUNTY**
 PO BOX 1552
 GREENSBURG, PA 15601

Information Line: 724/837-3779
 Email Address: HSWCgbg@aol.com
www.Petfinder.org

A Member of the Federated Humane Societies of Pennsylvania

Adopt One ... Choose a Pet for Life

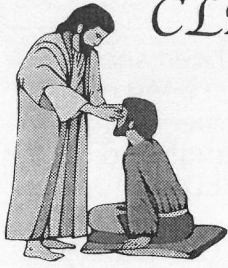
In virtually every community across the United States, public and private animal shelters are filled with dogs and cats. Some are lost pets whose owners can't be found. Others are pets whose owners can no longer keep them. There are puppies, kittens, older animals, mixed breeds, and purebreds. They all have at least one thing in common. Each is hoping for a permanent and loving home.

Unfortunately, for most of these animals, there will be no new home. Why? The answer is simple: not enough people choose to adopt their animal companions from a shelter.

The solution to this tragic problem starts with you. When you're ready to add a cat or dog to your family, visit your local animal shelter. Until there are no more healthy animals dying in shelters ... adopt one.

Save a life - Adopt a Pet

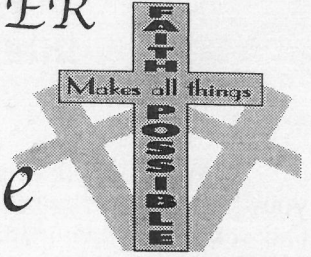
Adoption Hours: Mon., Wed., Thurs. 6 pm - 8 pm
 Saturday 10 am - 3 pm
 Sunday 12 noon - 2 pm



CLELIAN HEIGHTS NEWSLETTER

March 2003

Give Prayer a Chance



MOTHER CLELIA, PRAY FOR US

March 10th is a memorable day for the Apostles of the Sacred Heart of Jesus. It is the birthday of our Venerable Foundress, Mother Clelia Merloni. Thus, it is also a special day for the Clelian Heights Family, too. Mother Clelia had tremendous love and compassion for children with special needs, and urged

her Sisters to look after them as Christ would. That is why our school is called Clelian Heights! It is to honor Mother Clelia and to keep her spirit, memory and good works alive. The Apostles of the American Province were the first to open such a school and God has blessed us for it. Mother Clelia was born in Forli, Italy on March 10, 1861. When she was 30 years of age, she founded our Congregation - The Apostles of the Sacred Heart of Jesus. In 1902 she sent the first group of sisters as missionaries to the United States. Here, they were to bring God's message of love to the many immigrants entering the country. The Congregation flourished rapidly as many schools were established across the nation. Among them was Clelian Heights, which has served God's special people for the past 40 years and is an example of love, dedication and faith. Our motto: The Love of Christ Impels Us is our incentive to follow Jesus in bringing love, service, compassion and trust to those we serve. Mother Clelia has a special place in our lives. We hope and pray that in the near future the Church will reward her with Sainthood. Let us call upon her asking for her protection over our Clelian Heights family of children, parents, staff, friends and benefactors. Mother Clelia, pray for us!

GREENHOUSE NEWS

We will be selling Easter Plants: Tulips, Lilies, Hyacinths, and Spring Mums. Order forms will be available in the next two weeks. Pickup for these plants will be on **Tuesday, April 15th in CHIPS HOUSE GARAGE.**

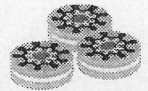


THURSDAY, MARCH 13th, Bob Carney, Mr. Suman, some of our workshop clients, and men from the Men's Garden Club will be planting 1,450 Geranium plugs, which will be ready for sale during our Spring Bedding Plant Sale which will take place on Friday, May 15th. Order forms will follow soon.

WELCOME TO several new students who have recently joined our school. Four year old Seth Elcock will be in Room 101 three days a week. This sweet looking little blond with a winning smile has won the hearts of all of us. Room 102 finally has another girl in their room since Courtney Hood came last Monday. We are happy to report that Courtney has adjusted well to her new school and can stand up to the guys in the room. James McCutcheon, from New Kensington, is new to Room 108. He is still adjusting, but seems happy to be here and we are happy to have him in our school. We welcome each of these students and their families.

COOKIES - COOKIES - COOKIES

Clelian Heights Girl Scout Troup 415 has a variety of delicious cookies for sale for their annual fundraiser. Please pick up a box or two for \$3.00 per box at the school office. They do freeze well so you can enjoy these treats well into the summer months.

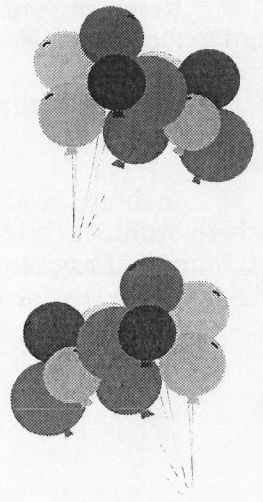


UNITED DAY OF PRAYER

On Saturday, March 15th, Clelian Heights will host a United Day of Prayer from 9:00 a.m. to 1:30 p.m. Those who wish may begin with 8:30 a.m. Mass. The day will include prayer, reflections from Thomas Keating's video from 9-11, a Continental breakfast and lunch. Offering \$15.00. For more information, contact Sr. Margaret Ann at (724) 834-8073.

HAPPY BIRTHDAY TO:

Seth Elcock	March	5
Roman Orange		7
Emma Cook		11
Clifford Trice		13
Brian Homick		13
Kelly Hawkins		16
Bradley Geehring		18
Jonathan Barrett		21
George Nelson		21
Justin Morante		26
Aaron Solman		28
Donis Milan		30

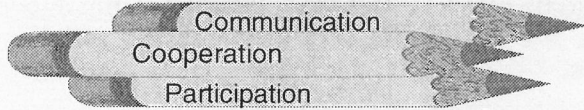




YOU CAN MAKE DREAMS COME TRUE!

We have big dreams for our school, and you, your friends and family can help make them come true. Our school is participating in the Target® School Wish List Registry. This registry will help our school get books, CD's, Videos, and other much-needed school supplies. Our staff is currently creating our wish list. All you need to do is view the list and purchase items. Target will then ship the items to our school. If the purchases are made with a Target Visa or Target Guest Card, Target will donate an amount equal to 1% of the purchase to our school.

School



News

ROOM 105 - The students and staff enjoyed a Valentine's Day lunch out at Zackels Restaurant in Claridge. The staff at the restaurant were so kind and courteous to all of us. Everyone left very satisfied -- full of fish...pasta...cheesburgers and many other wonderful foods!!! The best part of the trip was the kindness bestowed upon the students by an anonymous patron at the restaurant. This generous person paid for each student's lunch. This gesture surely epitomizes the true meaning of Valentine's Day!

Reminder to Parents ...

Please remember ...

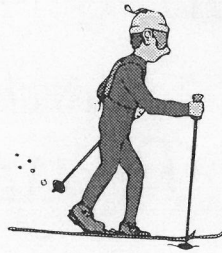
to return your son or daughter's signed report card to the main office by Monday, March 17th.

to being in tissues - spring allergy time will soon be upon us!

to return your registration form for the Extended School Summer Program by March 21st. The dates for the Summer Program are June 30th - July 25th. We will not be in session on Friday, July 4th.

Thank you.

STATE WINTER GAMES - SKIING



It may have been snowing
It may have been cold
It may have been windy,
but we still brought home the
GOLD!

Cross Country Results

	50 Meter	100 Meter
Jon Davis	4	1
Erica Reese	3	3
Mike Anthony	1	2
Jessica Robb	2	3
Shirley Bernacchi	1	3

Congratulations Skiers and Coach Ms. Lynch!

Residential News

Girls in residence are busy as bees. The Girl Scouts have been buzzing around doing various activities. Their Scout Leader, Pam has kept them fit and trim in the fitness room. They have also used their talents to create their own original works of art. In mid-February everyone went for a Wendy's treat and then to watch a basketball game at St. Vincent's. A great time was had by all. Please remember to support our Troup by purchasing some of the delicious cookies during their annual sale. Thank you, Pam for all the time and love you share with our Troup!

CLELIAN CENTER UPDATE

Clelian Center Passes Annual State Inspection

Congratulations to Charles, the staff and clients of the Clelian Center who passed the Annual State Inspection with "flying colors". This inspection took place on Tuesday, February 18, 2003. The two inspectors were very pleased with what they observed and they found all the records up-to-date and in order. The Clelian Center received 100% by the inspectors. Keep up the good work!

New Contract Job for Clelian Center

The Clelian Center has recently obtained a new contract job with the Print Management Company. This contract involves folding, collating and putting three or four pieces in a decorative folder. In addition, the clients prepare this package for mailing by placing labels on the package. Quite a few of the clients have become adept in working on this new job. The Clelian Center always welcomes new contracts.

Social Activities for Adult Clients

During the month of February the adult clients have participated in a few activities including dining out and dances in the gym. The dances were in honor of birthdays and also a dance was sponsored by the Youth Group from St. Barbara's Parish, Harrison City. The D.J. enjoys being here and seeing the clients having such a good time. Everyone sleeps well on these nights just from sheer exhaustion!

Farewell and Best Wishes

Michael Kettering, a graduate of Clelian Heights School, who has been working in the Clelian Center and living at Chip's House since 1996 moved to Allegheny Valley School on March 3, 2003. Michael will live in a group home in Hookstown and attend a workshop at the Allegheny Valley School main campus. Michael's quiet presence will be missed by all at the Clelian Center and at Chip's House. Michael was excited to be moving to a place where so many of his former Clelian Heights friends are already living and working. Please keep Michael and his parents in your prayers as they all adjust to this new way of life.

THANK YOU

Three cheers for our multitalented Shirley Bernacchi! Shirley "created" two lovely macramé plant holders that now hang gracefully in the children's dining room. Mrs. Bernacchi contributed by giving Shirley a hand. Thank you. We now can enjoy two lovely plants when we spend any time in the dining room. Thank you Shirley.

FROM THE DEVELOPMENT OFFICE

And they're off! The Second Annual Night at the Races was a huge success. We had an enthusiastic crowd, wonderful food, fantastic prizes and GOOD weather. An event like this takes a lot of help and we appreciate everyone who sold or bought tickets and horses, baked, volunteered and donated or solicited gifts for the basket raffle. A special thank you to Mrs. Glenda Uncapher and Mrs. Anna Suman for all their assistance with getting donations and Mrs. Virginia Catalano for the delicious macaroni salad. The evening raised over \$8,000.00 for the Clelian Heights Project Fund. If you missed this "fun" evening, mark your calendar now for the Third Annual Night at the Races scheduled for **February 21, 2004**.

The March Madness Raffle was a success thanks to the many parents and friends of Clelian Heights who helped sell the raffle tickets. Kathy Pfouts of St. Vincent's Parish was the winner of the \$50.00 cash drawing for selling at least



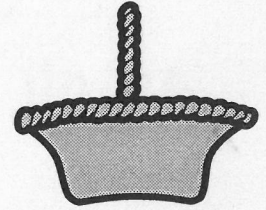
twenty tickets. Money raised from the March Madness Raffle will be used for the Clelian Heights Project Fund. Thanks to all who participated in March Madness and we hope you have a winning number!

Mark your calendar now for the 10th Annual **JPK Golf Outing** to be held June 9, 2003. Additional information will be in our May newsletter.

F.O.C.H.O.

BASKET BASH TIME

Please mark your calendar, as F.O.C.H.O.'s Second Annual Basket Bash is scheduled for **Sunday, April 6th** in the Clelian Heights Gym. Tickets are available for \$15.00 and includes many baskets and a wonderful lunch. If interested in tickets, volunteering, sponsoring or donating an item for the baskets, please call the office at (724) 837-8120.



Additionally, an Easter Week 2003 *Basket Raffle Ticket* for \$5.00 is available. This ticket offers an opportunity to win a Longaberger® Basket with two numbers per ticket. These will make wonderful "no calorie" Easter Basket treats for friends and family.

Candles and Cookbooks are on sale now. Walnut Creek Candles in many scents are \$5.00 and if you are looking for some delicious new recipes, we have cookbooks for \$10.00. Both items make wonderful thank you, housewarming, or just thinking of you gifts.

F.O.C.H.O. has recently provided Clelian Heights with the necessary funds to purchase tables and chairs and a Podium Microphone System to be used at many of the functions at the school, such as the Chicken BBQ, Thanksgiving Dinner, as well as the Basket Bash. This will be a tremendous time saver for all those involved in setting up for these events.

Upcoming Events:

- | | | |
|--------------|---------|--|
| April | 4 | Early Dismissal - Staff Meeting |
| | 6 | Longaberger Basket Bash |
| | 12 | Special Olympics - Swim Meet |
| | 16 - 27 | Easter Break |
| | 28 | School/Workshop Resume |
| May | 31 | Graduation Mass |
| June | 5 | Early Dismissal
- Last Day of School Year |
| | 9 | 10th Annual JPK Golf Outing |



Easter Treats for your Pets An all natural delicious nutritious snack!

These biscuits have been made
at the Clelian Center
a vocational training program for
adults with developmental disabilities.

To place your order: Phone: 724-837-8120 or E-MAIL: clelian@aol.com or

Mail order form to: Clelian Heights R.R#9 Box 607 Greensburg, PA 15601

Name: _____ Phone: _____

Number of Bags @ \$2.75 per 10 oz bag: _____ Amount due: _____

All Easter orders must be placed before Thursday, April 10th.

Orders can be picked up at the main office
or sent home with your son or daughter.

All Orders must be prepaid.

Biscuits are available all year in 1 pound bags (\$4.25).

Just call for details!

Sister Benjamin